

CINERGY® CONFLICT MANAGEMENT COACHING
VIRTUAL TRAINING - CLASSES AND PRACTICE DATES

August 4-20, 2026

Times below are in Eastern Time. Check www.timeanddate.com to be sure of the time difference if you are not in Eastern Time (Canada)

Class 1: Tuesday August 4 (9:30 a.m. -12:30 p.m.)

Class 2: Wednesday August 5 (9:30 a.m.- 12:30 p.m.)

Skills Practices 1: To be scheduled ** August 6-11

Class 3: Wednesday August 12 (9:30 a.m.-12:30 p.m.)

Skills Practices 2: To be scheduled **August 13-18

Class 4: Wednesday August 19 (9:30 a.m. – 12:30 p.m.)

Class 5: Thursday August 20 (9:30 a.m. – 12:30 p.m.)

Intersession work – for which participants receive credits – will be assigned throughout the above schedule (30-40 minutes on average) and are a required part of this workshop

****SKILLS PRACTICE SESSIONS**

Two and a half hours per person (in pairs/or threes) coaching each other between August 6-11 and two and a half hours per person between August 13-19

Participants are paired/ or in threes and allocated a coach-mentor who oversees the practices in each time segment. Prior to the workshop start date the timing of the practices is coordinated among the coach-mentor and registrants according to your mutual availability during the above periods. It is necessary to make the time to participate.