**CINERGY** CONFLICT MANAGEMENT COACHING

VIRTUAL TRAINING – CLASS AND PRACTICE DATES

September 15th– October 1st, 2025

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|  | Day | Time in Ireland |
| Class 1 | 15th September | 10:00 am – 1:00 pm |
| Class 2 | 16th September | 10:00 am – 1:00 pm |
| Class 3 | 17th September | 10:00 am – 1:00 pm |
| \*\*Skills Practices |  |  |
| Class 4 | 23rd September | 10:00 am – 1:00 pm |
| \*\*Skill Practice |  |  |
| Class 5 | 30th September | 10:00 am – 1:00 pm |
| Class 6 | 1st October | 10:00 am – 1:00 pm |
| **Intercession work, including reading, worksheets, and videos, will be assigned throughout the above schedule.** |

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| \*\*Skills Practice Sessions |
| Round 1 | 2.5 hours per person | Done in 2s (or 3s depending on class size) | Sep 18th -22nd |
| Round 2 | 2.5 hours per person | Done in 2s (or 3s depending on class size) | Sep 24th - 29th  |
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Delivered by

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