

## VIRTUAL CONFLICT MANAGEMENT COACHING WORKSHOP

**Conflict management coaching**, also known as conflict coaching, is a specialized niche in the field of coaching and conflict management. It is a process in which a trained coach assists people on a one-on-one basis to effectively manage their interpersonal disputes and enhance their conflict management skills. This technique may also be used to coach people to more confidently and effectively participate in mediation, negotiation and relational conflicts.

### **Outcomes of the Conflict Management Coaching Workshop:**

The outcomes of this workshop are that participants will gain:

- the theory, principles and methods specific to the CINERGY® model of conflict management coaching;
- an introduction to and basic working knowledge of conflict management coaching using the **CINERGY®** model;
- $\circ\,$  an understanding of the types of skills required to provide conflict management coaching;
- experience of the coaching model as a coach, 'client' and observer;
- knowledge of the applications of this technique; and
- $\circ\,$  suggested documents and information about the logistics of conflict management coaching.

### Methods Used in the Workshop:

Through skills practices, demonstrations, self-reflection and discussion, participants develop and practice conflict management coaching techniques and skills.

### Participants:

The training will be of specific interest to coaches, workplace, family and other mediators (interpersonal conflicts), HR Professionals, lawyers and others who work with people in conflict.

### Accreditation:

This workshop has been approved for up to 34 hours of Continuing Coaching Education Units (CCEUs) from the **International Coach** Federation.

Mediator graduates from Canada may apply the hours towards the educational component of the QMed and CMed designations (in accordance with the **ADR Institute of Canada**). Mediators from outside Canada may also apply to use the hours toward continuing education units.

**CINERGY**® is an approved **SHRM Recertification Provider** and this program is valid for 30 PDCs for the SHRM-CP or SHRM-SCP.

Dates:	September 9-26, 2024 1:30 p.m. ET (3 hours per session and one 2-hour session) (Skills practices between two classes – see Session Schedule)
Location:	By Zoom – links and passwords will be sent each week (required: computer, good bandwidth, webcam, audio & headset recommended)
Registration Deadline:	August 9, 2024
Workshop Cost:	\$2,700.00 CDN/person (plus 13% HST* = \$3,051.00 CDN) \$2,450.00 US/person
(*HST applicable to Canadian registrants)	

# PLUS

\*\* Participants are asked to purchase the book "Conflict Management Coaching: The CINERGY Model". Options to purchase may be found at: http://www.cinergycoaching.com/conflict-management-coaching-cinergy-model/

NOTE: Following the Conflict Management Coaching Workshop, participants who complete the workshop may choose to receive a free monthly newsletter from **CINERGY** Coaching called "CINERGEMS" and will be invited to participate in Teletalks conducted by **CINERGY** Coaching through Zoom.

# Contact **CINERGY**® Coaching:

Phone: 416-686-4247, Email: cinnie@cinergycoaching.com

CINERGY® Conflict Management Coaching = Peacebuilding, One Person at a Time

This workshop was designed by Cinnie Noble, LL.B., LL.M. (DR) who is a certified coach (PCC) and mediator (C.Med) and former lawyer. Cinnie is a pioneer in the field of conflict management coaching and the founder of the **CINERGY®** model, which is taught worldwide. She is author of *Conflict Management Coaching: The CINERGY™ Model* (<u>http://www.cinergycoaching.com/conflict-management-coaching-book/</u>) and *Conflict Mastery: Questions to Guide You* (<u>http://www.cinergycoaching.com/conflict-mastery-guestions-guide/</u>). For further information on **CINERGY**, feel free to visit www.cinergycoaching.com.