

**CINERGY® CONFLICT MANAGEMENT COACHING**  
**VIRTUAL TRAINING - CLASS AND PRACTICE DATES**  
**SEPTEMBER 9-SEPTEMBER 26, 2024**

**Times are in ET (Eastern Time - Toronto)**

**Class 1: Monday September 9 (1:30 pm – 4:30 pm)**

**Class 2: Tuesday September 10 (1:30 pm – 4:30 pm)**

**Skills Practices 1 & 2: To be scheduled \*\* September 11-16**

**Class 3: Tuesday September 17 (1:30 pm–4:30 pm)**

**Skills Practices 3 & 4: To be scheduled \*\* September 18-23**

**Class 4: Tuesday September 24 (1:30 pm – 4:30 pm)**

**Class 5: Wednesday September 25 (1:30 pm – 4:30 pm)**

**Class 6: Thursday September 26 (1:30 pm – 3:30 pm)**

**Intersession work – for which participants receive credits – will be assigned throughout the above schedule.**

**\*\*SKILLS PRACTICE SESSIONS**

**Two hours per person – done in pairs or threes –September 11-16-  
and two hours per person – September 18-23**

Participants are paired/or grouped in two's or three's and allocated a coach-mentor who will oversee the practices. Meeting times and days are coordinated among you (facilitated by your assigned coach-mentor) and held according to your mutual availability.