



August 12 - 29, 2024

Times are in EST (Eastern Standard Time - Toronto)

Class 1	August 12	9:30 AM - 12:30 PM	
Class 2	August 13	9:30 AM - 12:30 PM	
** Skills Practices	August 14 - 19		
Class 3	August 20	9:30 AM - 12:30 PM	
** Skills Practices	August 21 - 26		
Class 4	August 27	9:30 AM - 12:30 PM	
Class 5	August 28	9:30 AM - 12:30 PM	
Class 6	August 29	9:30 AM - 11:30 AM	
Intersession work, for which participants receive credits, will be assigned throughout the above schedule.			

** Skills Practice Sessions			
Skills Practices	2 ½ hours per person	done in 2's (or 3's) (depending on number of participants)	August 14 - 19
Skills Practices	2 ½ hours per person	done in 2's (or 3's) (depending on number of participants)	August 21 - 26
Participants work with a coach-mentor who will oversee the practices.			

