

CINERGY® CONFLICT MANAGEMENT COACHING
VIRTUAL TRAINING - CLASS AND PRACTICE DATES
NOVEMBER 27-DECEMBER 14, 2023

Times are in ET (Eastern Time - Toronto)

Class 1: Monday November 27 (9:30 am – 12:30 pm)

Class 2: Tuesday November 28 (9:30 am – 12:30 pm)

Skills Practices 1 & 2: To be scheduled ** November 28-December 4

Class 3: Tuesday December 5 (9:30 am– 12:30 pm)

Skills Practices 3 & 4: To be scheduled ** December 5-11

Class 4: Tuesday December 12 (9:30 am – 12:30 pm)

Class 5: Wednesday December 13 (9:30 am – 12:30 pm)

Class 6: Thursday December 14 (9:30 am – 11:30 am)

Intersession work – for which participants receive credits – will be assigned throughout the above schedule.

****SKILLS PRACTICE SESSIONS**

Two hours per person – done in pairs or threes – November 28-December 4 and two hours per person – December 5-11

Participants are paired and allocated a coach-mentor who will oversee the practices. When you meet is coordinated among you (facilitated by coach-mentor) and sessions are held according to your mutual timing and choice of forum i.e., Skype, Zoom, Google Hangout.