



## **VIRTUAL CONFLICT MANAGEMENT COACHING WORKSHOP**

**Conflict management coaching**, also known as conflict coaching, is a specialized niche in the field of coaching and conflict management. It is a process in which a trained coach assists people on a one-on-one basis to effectively manage their interpersonal disputes and enhance their conflict management skills. This technique may also be used to coach people to more confidently and effectively participate in mediation, negotiation and relational conflicts. Conflict coaching is used in any context - workplace, families, estates matters, etc.

### **Outcomes of the Conflict Management Coaching Workshop:**

The outcomes of this workshop are that participants will gain:

- the theory, principles and methods specific to the **CINERGY®** model of conflict management coaching;
- an introduction to and basic working knowledge of conflict management coaching using the **CINERGY®** model;
- an understanding of the types of skills required to provide conflict management coaching;
- experience of the coaching model as a coach, 'client' and observer;
- knowledge of the applications of this technique; and
- suggested documents and information about the logistics

### **Methods Used in the Workshop:**

Through skills practices, demonstrations, self-reflection and discussion, participants develop and practice conflict management coaching techniques and skills.

### **Participants:**

The training will be of specific interest to coaches, mediators (interpersonal conflicts), HR Professionals, lawyers and others who work with people in conflict.

### **Accreditation:**

This workshop has been approved for 34 hours of Continuing Coaching Education Units (CCEUs) from the International Coaching Federation (31 Core Competency and 3 Resource Development). If you complete the preparatory reading & brief questionnaire, you will receive 2 extra Resource Development units for a total of 36 CCEUs Federation (31 Core Competency and 5 Resource Development).

Mediator graduates from Canada may apply the hours towards the educational component of the QMed and CMed designations (in accordance with the **ADR Institute of Canada**). Mediators from outside Canada might be able to apply the hours toward continuing education units.

**CINERGY®** is an approved **SHRM Recertification Provider** and this program is valid for 30 PDCs for the SHRM-CP or SHRM-SCP.

Dates: **April 3<sup>rd</sup> – 25th, 2023**  
**10:00 a.m. ET (3 hours per class)**  
(Skills practices between classes- see Session Schedule)

Forum: By Zoom

Registration Deadline: **March 12, 2023**

Workshop Cost: **\$2,500.00 CAD/person** (plus 13% HST\* = **\$2,825.50 CAD**)  
**\$2,050.00 US/person**

Members of Mediate.com please contact Clare Fowler [cfowler@mediate.com](mailto:cfowler@mediate.com) to obtain a password and receive \$75 US off the registration fee. ADRIO and ICF members: ask us about your discounts.

**PLUS**

**\*\* Required reading: "Conflict Management Coaching: The CINERGY Model" by Cinnie Noble (link below for more information on options to purchase)**

**Certification – Becoming a CINERGY® Certified Conflict Management Coach**

Workshop participants have the option of being assessed to become a **CINERGY®** Certified Conflict Management Coach. This assessment takes place after the workshop, once participants have practiced the model. Assessment criteria are according to core competencies provided at the training. For more information: [lucille@cinergycoaching.com](mailto:lucille@cinergycoaching.com)

Assessment Cost: \$350.00 CDN or US (plus 13% HST\* = \$395.50 CDN)  
(in addition to the workshop cost)

(\*HST applicable to Canadian registrants)

**NOTE:** Following the Conflict Management Coaching Workshop, participants who complete the workshop may choose to receive a free monthly newsletter from **CINERGY** Coaching called "CINERGEMS" and will be invited to participate in monthly zoom talks conducted by **CINERGY** Coaching (no cost).

Contacts for **CINERGY®** Coaching: Heidi Ruppert

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**CINERGY® Conflict Management Coaching =  
Peacebuilding, One Person at a Time**

This workshop was designed by Cinnie Noble, LL.B., LL.M. (DR) who is a Professional Certified Coach (PCC) and Chartered Mediator (C.Med) and former lawyer. Cinnie is a pioneer in the field of conflict management coaching and the founder of the **CINERGY®** model, which is taught worldwide. She is author of *Conflict Management Coaching: The CINERGY™ Model* (<http://www.cinergycoaching.com/conflict-management-coaching-book/>) and *Conflict Mastery: Questions to Guide You* (<http://www.cinergycoaching.com/conflict-mastery-questions-guide/>). For further information on **CINERGY**, feel free to visit [www.cinergycoaching.com](http://www.cinergycoaching.com).