

CINERGY® CONFLICT MANAGEMENT COACHING
VIRTUAL TRAINING - CLASS AND PRACTICE DATES
October 17- November 8, 2022

Times are in Eastern Time - Toronto (to check your time zone
www.timeanddate.com)

Class 1: Monday October 17 (9:00 am – noon)

Class 2: Tuesday October 18 (9:00 am – noon)

Skills Practices 1 & 2: To be scheduled ** October 19-24

Class 3: Tuesday October 25 (9:00 am– noon)

Skills Practices 3 & 4: To be scheduled **October 26-31

Class 4: Tuesday November 1 (9:00 am– noon)

Class 5: Monday November 7 (9:00 am – noon)

Class 6: Tuesday November 8 (9:00 am – noon)

Intersession work – for which participants receive credits – will be assigned throughout the above schedule

****SKILLS PRACTICE SESSIONS**

**Two and a half hours per person – done in pairs - October-19-24 and
two and a half hours per person – October 26 - 31**

Participants are paired and allocated a coach-mentor who will oversee the practices. Timing is coordinated among you and sessions are held according to your mutual timing and choice of forum i.e. Zoom, Microsoft, Google Hangout etc.