



## CINERGY® CONFLICT MANAGEMENT COACHING

Spring 2022 VIRTUAL TRAINING

**PLEASE KEEP THIS SESSION SCHEDULE**

**Note:** Before registering for class, ensure that you have the time in your schedule to commit to classes and practice times during the training schedule below.

### **ALL IN-CLASS SESSIONS ARE HELD ON TUESDAYS AND FRIDAYS**

Classes begin at 8:00 am Pacific/10:00 am Central/11:00 am Eastern USA

For those outside of the U.S., use the time zone converter [here](#).

#### **Before 1<sup>st</sup> Day of Class**

**Session #1 – March 4**

**Asynchronous Self-Study**

**Session #2 – March 8**

**Session #3 – March 11**

**Asynchronous Self-Study**

**Session #4 – March 15**

**Session #5 – March 18**

**Asynchronous Self-Study**

**Session #6 – March 22**

**Session #7 – March 25**

**Asynchronous Self-Study**

**Session #8 – March 29**

Pre-Reading Required

2-hour class

Between 1-2 hours

2-hour class

2-hour class

Between 2-3 hours

2-hour class

2-hour class

Between 1-2 hours

2-hour class

2-hour class

Between 1-2 hours

2-hour class

### **INTERCESSION (Between Class) PRACTICE SESSIONS**

**March 5 – March 14     1.5-hour Intake with Student Coach Partner**  
(45 minutes each)

**Two hours per person – done in pairs from March 11-17**

**Two hours per person – done in the same pairs from March 18-25**

Participants are paired and assigned a CINERGY certified Coach Mentor who guides the coaching practices. Scheduling is coordinated among the three of you using your mutual choice of platform i.e. Zoom, Microsoft Teams, Google Hangouts, etc.